

NUTRITION:  
IT'S  a  
MATTER  
OF FACT

AMERICAN DIETETIC ASSOCIATION  
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# Nutrition: It's a Matter of Fact National Nutrition Month®

## KIDS WORD SEARCH

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 C D Y O G U R T Z P V X M R G K P M T S  
 E R O C E H D A R A U B R O Q V Y E Z A  
 R N H O M B A N A N A R T A U P R V Z A  
 E M L L S R Z D E C Y O M T S J E S D M  
 A H W A T S M I H A S N P M A H K G Q E  
 L W J T W Z W E T K D C H E R R I E S D  
 Q X F E Y G S O Z E L Z J A W I L J C O  
 J C K N A D E G J X V P V L C R M P K M  
 P W H M S S H R I M P T R E Z R O L L O  
 O P M B Q E T A V C H E D D A R P C R L  
 T Q Y Z U A M P T R Z R Q O C D V O E K  
 A O T D S M J E F G N Y I H T O R J R U  
 T E I Q M X F S P I N A C H R L U O N N  
 O E P U M P K I N B J A T L M A R R N M  
 K A U F W Y B T I E N P A S T A B P T N



1. banana
2. beef
3. cereal
4. cheddar
5. cherries
6. chocolate
7. grapes
8. jam
9. lime
10. oatmeal
11. pancake
12. pasta
13. peanuts
14. potato
15. pumpkin
16. roll
17. shrimp
18. spinach
19. squash
20. yogurt

