

NUTRITION:
IT'S **a**
MATTER
OF FACT

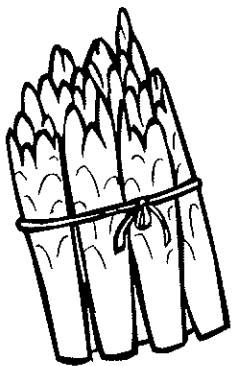
AMERICAN DIETETIC ASSOCIATION
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Nutrition: It's a Matter of Fact National Nutrition Month®

WORD SEARCH

Words may be found vertically (up and down), horizontally (across), and diagonally (corner to corner).

B O K C H O Y P W W F O D J E V H Z X E
 Z O H T T A V O C A D O E L C N D M A A
 N X X U V M A C K E R E L V M K J H Y L
 W P G Q N C A U L I F L O W E R B A Q Q
 V L A M R R C N O F G R I T S S P Z S N
 L H A O Y O B R O K R A O U E A T E C S
 F Q D Z U M J I E P U I Z I P L O L A N
 G B S Z N A T C V C H B R N W Z F N L D
 A Y Z A B I U O Z C W R D E G S U U L G
 R P A R D N F T A U E D D C G I L T O C
 B I R E E E R T J B C Y Y T H X A C P U
 A D T L K G S A P D E C R A W I C O S A
 N T I L W I A S K N L P H R F C T R C S
 Z E C A P N A W O L R J D I R K O N U P
 O V H M Z R F H A Z W F O N N B S B C A
 B T O R T I L L A J F P J E G I E R U R
 E B K S E W A T E R C R E S S U V E M A
 A U E P U W R P A R S N I P S L L A B G
 N B S P A G H E T T I B K L S W I D E U
 S L X V E A L B K I W I V X I V D Q R S



artichokes
 asparagus
 avocado
 bok choy
 cauliflower
 cornbread
 cucumber
 garbanzo beans
 grits
 hazelnut

honeydew
 kiwi
 lactose
 mackerel
 mozzarella
 nectarine
 okra
 papaya
 parsnips
 pistachio

raspberries
 ricotta
 romaine
 scallops
 spaghetti
 tofu
 tortilla
 veal
 watercress
 zucchini

