

NUTRITION:
IT'S **a**
MATTER
OF FACT

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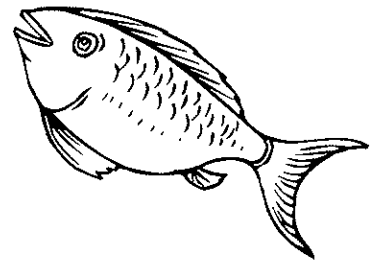
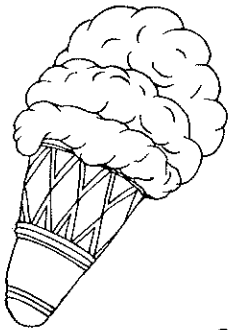
Nutrition: It's a Matter of Fact National Nutrition Month®

FOOD FUN MESSAGES

Each letter will fit into a space under its own column. When you fill in the grid correctly for each puzzle, you will have a message about food. Three letters are provided to start you off.

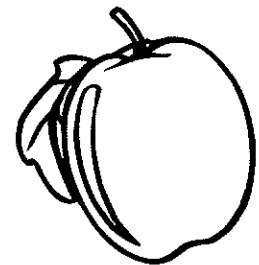
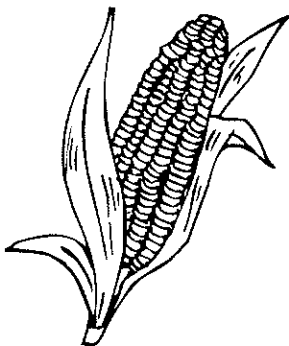
1

T	H	D	A	D	O	P	T	O	P	S	A	W	A	Y
A	N	E		Y	P	K	E	E	R		A			
A							L							
						C								



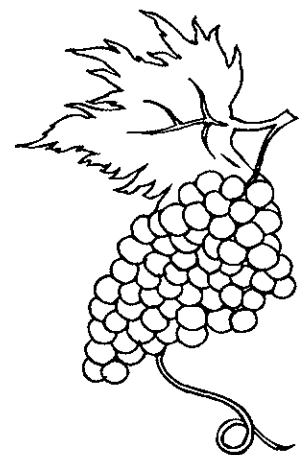
2

I	C	C	C	A	C	M	E	O	M	O	A	C	E
S	S	R	R	R	A	A	F	W	E		I	L	L
		S	E	E	M	R	M	A	R	Y			



3

H	T	A	N	D	A	B	B	A	L	H	N	E
	A	V	E			B	U	N	C	I	K	A
		H	E			E	N	A				



Answer 1: An apple a day keeps the doctor away.
Answer 2: I scream, you scream, we all scream for ice cream.
Answer 3: Have a banana and be like the bunch.