

NUTRITION:  
IT'S  a  
MATTER  
OF FACT

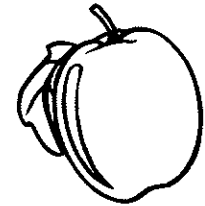
AMERICAN DIETETIC ASSOCIATION  
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# Nutrition: It's a Matter of Fact National Nutrition Month®

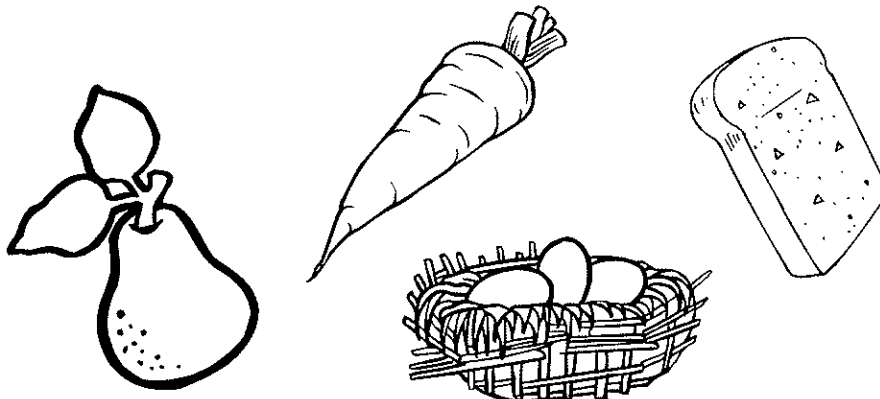
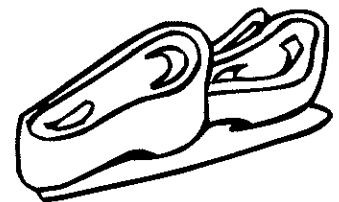
## FIND THE HIDDEN FOOD

There is at least one food hidden in each sentence. Can you find it?

**Sample:** The chance for rain remained slim even though clouds formed above us.  
(The word "lime" made from the end of "slim" and the "e" of "even.")



1. She hoped to be an astronaut or a doctor.
2. He wore a cape around his shoulders and rode like the wind.
3. The car rotated through the checkpoints, and everything worked fine.
4. Dave and Bob readjusted their schedules in order to play football.
5. The Hawaiian dinner table included many examples of tiki with stone bases.
6. David would not stop begging his mother for a new baseball.
7. The neighbor thought spraying would be effective against mosquitoes.
8. A need to chop lumber for new homes had brought the crew to the forest.
9. A fragile monkey statue rested on the fireplace mantel.
10. Sitting in his grandmother's lap pleased Ricky very much.



### ANSWERS

1. bean (be an)
2. pear (cape Around)
3. carrot (CAR ROTated)
4. bread (Bob READjusted)
5. kiwi (tiki WITH)
6. egg (begging)
7. beef (be effective)
8. plum (chop LUMber)
9. lemon (fragile MONkey)
10. apple (lap PleasEd)